



共創明「Teen」計劃

港島及離島區 營辦機構

計劃對象

- 居住或就讀於港島區或離島區
- 來自弱勢社群家庭的中一至中四學生

計劃年期

- 密集基礎計劃為期一年
- 完結後成為校友會會員，為期兩年

司級領導

由政務司司長領導跨部門行動小組，通過政、商、民三方協作，推行共創明「Teen」計劃



第三期招募開始喇！

立即下載
共創明「Teen」應用程式！

報名教學



報名參加啦！



詳情可瀏覽：<https://www.striveandrise.gov.hk/>

查詢及報名：港島及離島區營辦機構 - 香港聖公會福利協會有限公司

☎ 2641 6812

☎ 6339 4431

✉ youth@skhwc.org.hk

🌐 mingteen.skh

🌐 mingteen.skh

🌐 mingteenskh

計劃三大元素

① 師友配對

為每名學員配對一名義務友師，與學員分享人生經驗，幫助學員加強自信，以積極正向的態度定下個人目標

② 個人發展規劃

由友師啟發學員探索更多個人發展的可能性，訂立行動計劃

③ 財政支援

每名學員將獲發5,000元的啟動資金在友師的指導下使用；成功完成計劃後另發5,000元的獎學金

活動內容

國內學習交流團



#橫琴長隆



#四川熊貓團



#消防及救護教育中心

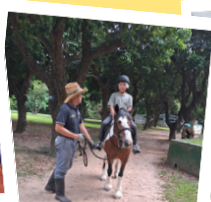


#賽馬會訓練馬房

興趣為本體驗活動



#滾軸溜冰



#騎術體驗



#射箭體驗



#模擬飛行體驗



#ViuTV #攝影廠



Strive & Rise Programme

Hong Kong Island & Outlying Island District

Programme Target

- Living/ Studying at Hong Kong Island or Outlying Island District
- Secondary 1 to Secondary 4 students from underprivileged families

Duration

- Foundation programme lasts for one year
- Upon completion, becoming the members of the alumni association for two years

Led by Bureau Level

- The Chief Secretary for Administration is leading an inter-departmental Task Force to take forward the "Strive and Rise Programme" through tripartite collaboration between the Government, the business sector and the community.

Cohort 3.0!



\ Download
the Strive & Rise APP
and Start Applying! /

Application
instruction



More details : <https://www.striveandrise.gov.hk/>

Enquiries : Hong Kong Island & Outlying Island District -
Hong Kong Sheng Kung Hui Welfare Council

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 [mingteenskh](https://www.mingteenskh)

3 Main Elements

1 Mentorship Pairing

Pair each participant with a volunteer mentor to share life experiences, helping participants strengthen their confidence and set personal goals with a positive attitude

2 Personal Development Plan

Mentors will inspire mentees to explore more possibilities for personal development, develop action plans and make good use of financial resources to achieve their personal development plans under guidance

3 Financial Subsidy

Each participant will receive a startup sum of HK\$5,000 to be used under guidance. After the completion of the program, an additional scholarship of HK\$5,000 will be awarded

Programme Content

Domestic Learning Exchange Tours



#Chimelong
Hengqin



#Sichuan Panda Tour

Enriching Group Activities



#Fire & Ambulance
Education Center



#Jockey Club
Training Stable

Interest-Based Experience Activities



#Roller skating



#Horse riding



#Archery
experience



#Flight simulation
experience



#ViuTV #Studio